

Breast milk preparation instructions

Materials needed for preparation

- ▶ specimen container (urine cup)
- ▶ security seal
- ▶ plastic specimen transport bag
- ▶ transport overwrap
- ▶ requisition form



1. A minimum of 10 mL of breast milk is required to test.
2. Transfer the breast milk to the urine cup and cap the cup. Seal the cup with the security seal.
3. Initial the security seal and place a barcode sticker from the requisition form on the specimen container.
4. The processor must sign and date the requisition form at the appropriate places. Put the requisition form into the outer pocket of the transport bag.
5. Place the specimen container in the plastic bag. Place the plastic bag into a transport overwrap.
6. Contact your courier for pick-up.

